

The Concussion Center at St. Luke's Warren Campus

A CONCUSSION is a traumatic brain injury (TBI) that can be caused by a direct or indirect blow to the head or quick deceleration. Concussions can cause many different symptoms such as headache, dizziness, memory problems, imbalance, irritability, depression and blurry vision. Because the symptoms and severity of symptoms can be so different, it is important to go through a thorough and complete evaluation to accurately assess the effects of concussion.

The St. Luke's Warren Campus Concussion Center is a multidisciplinary team consisting of an orthopedic surgeon, neurologist, primary care sports medicine physician, and physical, occupational and speech therapists—**all working together to identify and treat concussion and concussion symptoms.** As part of your care you may be asked to go through several different exams/tests so we can accurately assess your problem.

These **may** include:

- *Neurologist exam to assess your symptoms and the effects on your nervous system*
- *Neuro-cognitive testing to assess your memory and thinking processes*
- *Computerized Posturography to assess your balance*
- *Physical Therapy to perform a specialized type of therapy called vestibular therapy to improve your balance, walking and reduce dizziness and visual problems*
- *Speech therapy to perform a specialized type of therapy called cognitive therapy to improve your memory and thought processing*

You may not need all of the services above.

If you have any questions about
our services or your care,
please call us at 908-847-3231.



St Luke's
WARREN CAMPUS

Hillcrest Professional Plaza
755 Memorial Pkwy | Phillipsburg, NJ 08865 | sluhn.org

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