



2019 Voorhees High School Boys' Soccer Summer Training

"The strength of the team is each member. The strength of each member is the team."

If you are an incoming freshmen soccer player and looking to improve your game, then the opportunity is waiting for you. Throughout the summer the soccer program provides its players with training opportunities both on the field and in the weight room. The training sessions are focused around basic skill development as well as daily game play. Head Coach Chase Barbieri, 8th season as head coach, runs most of the sessions with help from his assistants Joe Tucker and Vitor Nunes. As a staff, they utilize these summer sessions to give the boys a great chance to improve on skills, endurance, and overall soccer IQ for tryouts in August. This is also a great chance for younger players to gain experience and meet some current VHS soccer players before the school year begins.



Tuesdays: Weight room 9:30am-11am/ Field Session 11am-1pm

Wednesday: Field Sessions 4pm-5:30pm

Thursday: Weight room 9:30am-11am/ Field Sessions 11am-1pm

*****NO COST*****

You can find much more information on the summer training as well as many other opportunities that the program has to offer at our website. Visit voorheessoccer.wordpress.com for summer training schedules and camp registration!

Follow us on facebook too [@VoorheesVikingsBoysSoccer](https://www.facebook.com/VoorheesVikingsBoysSoccer)

For directions on how to register for the summer workouts visit the Voorhees HS athletics page!

Any further questions regarding the Boys Soccer program contact Coach Barbieri at cbarbieri@nhvweb.net